



Topeka Big Shunga Sponsors

Westside
Stamps & Awards, Inc

Sunflower Striders

Topeka West
Cross Country Parents



SHAWNEE COUNTY
PARKS AND RECREATION

CRESTVIEW COMMUNITY CENTER
Topeka Big Shunga 8K Run & 5K Walk
Saturday, August 3, 2013 • 7:30am

Shawnee County Waiver and Release of Liability

IN CONSIDERATION of being given the opportunity to participate in the Big Shunga 8K Run/5K Walk I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of the Big Shunga 8K Run/5K Walk ("Activity" and that I am qualified, in good health, and in proper physical condition to participate in the Activity.

2. FULLY UNDERSTAND that: (a.) The Activity may cause serious bodily injury and/or death to participants ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, discharge, and covenant not to sue the Board of County Commissioners of the County of Shawnee, Kansas, the Shawnee County Parks and Recreation Department, their administrators, departments, directors, agents, officers, volunteers and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL DEFEND, INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or costs which may incur as a result of such claim, to the fullest extent permitted by law.

4. UNDERSTAND that none of the organizations listed above carries any accident, sickness, or medical insurance for participants.

CRESTVIEW COMMUNITY CENTER

Topeka Big Shunga 8K Run & 5K Walk

Saturday, August 3, 2013 • 7:30am



RACE DATE

Saturday, August 3, 2013

RACE LOCATION

Starts at Crestview Community Center
4801 SW Shunga Dr.

For more information:
Please call Kevin Ingram,
368-2448 or 368-1667
Kevin.Ingram@sncu.us

Course

Designed by Joe Schrag and Donnie Palmer, this 8K Cross Country Course will challenge runners of all skill levels.

Beginning at Crestview Community Center, the runners will move through the scenic trails of Crestview Park, Felker Park and the challenging hills of Big Shunga Park.

Awards

Medals will be awarded to the top three male/female finishers in each division for the 8K run, age groups in 5 year increments ending with 60+. There will be a 12 and under division, and two high school divisions, (13-15) and (16-18).

Entry Fee/Registration

\$20 ages 19+
\$15 ages 18 and under and Sunflower Strider members
\$25 after July 24
Register online
www.Parks.sncu.us

All participants registered by July 24 will receive a t-shirt. (Late registrations are not guaranteed a t-shirt)

Packet Pick Up: Race Day 6-7am
Race Day Registrations: 6-7am
Race will start at 7:30am; rain or shine

The run will be timed by the Sunflower Striders.
1 Mile Fun Run begins at 8:30am, for ages 12 and under.
Parental permission **required** to participate.
No registration fee.

Spaghetti Dinner

August 2, 2013 from 6-7:30pm at the Crestview Shelterhouse.
Participants, Volunteers and T.W.C.C. Alums and families welcome.
Donations accepted
Participants may pick up packets at the spaghetti dinner
Registrations will be accepted August 2, 6-7pm



Send registration form and payment to:

Crestview Community Center
4801 SW Shunga Dr.
Topeka, Kansas 66614

T-shirt size

S M L XL 2XL

Attending Spaghetti Dinner



Age on race day

Sex

Zip Code

City/State

E-Mail Address

Name

Address

Telephone

I have read this waiver and release of liability, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect. I sign it of my own free will.

Participant Printed Name: _____

Participant Signature: _____

Date: _____

If participant is under 18 years of age, a parent or legal guardian must complete and sign the following section:

Parent or legal guardian printed name _____

Parent or legal guardian signature _____

Date: _____

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